

Windham Mountain NICA NY 2021 Championship June 6th, 2021 Race Five



Pre Ride: Saturday June 5th 12:00-4:00pm

Sunday June 6th 7:30am-9:30am

Race Day: Sunday June 6th 1st Wave 10:00am

RACE DESCRIPTION:

If you have always wanted to race on a UCI World Cup XC course here is your chance!!

Sections of the 2021 NICA NY Championship race course

will use past UCI World Cup trails! **Start Line**: Uphill Double Track

Type Of Terrain: Hard Pack Trail-Roots-Rocks-Wooden

Bridges

Trail Description: 60% Double Track, 40% Single Track,

Technical downhill sections, Long Uphill Sections **Elevation**: Approximately: 289ft per lap HS Course

210ft per lap MS Course

Finish Line: Flat Double Track

<u>PRE-RIDE:</u> Saturday afternoon 12:00–4:00pm and Sunday morning 7:30–9:30am Riders or Coaches will not be allowed on the course before Noon Saturday. Please be sure to have your number plate or Coaches plate on your bike while Pre-Riding the course.

We recommend all riders pre-ride the course. Please pass course workers and marshalls with great care.

LOCATION:

Windham Mountain Resort, 19 Resort Dr, Windham, NY 12496

DIRECTIONS

From The South From The West

From The North

ACCOMMODATIONS:

<u>Air BnB</u>

Hotels

CAMPING:

Camping Sites

CAMPING IS ALLOWED IN THE PARKING LOT AT THE MOUNTAIN-NO BBQ's Are Allowed- But Pump That Music!

Sunday Start Time Is 10:00am

Category	Start Time	Laps	Approx Distance	Race Time Cut Off
WAVE 1				
Middle School Girls	10:00am	4	1.5 PER LAP	60 min
Middle School Boys	11:00am	4	1.5 PER LAP	60 min
WAVE 2				
Sophomore Boys	12:00	6	2.0 PER LAP	75 Min
Freshman Boys	12:03	6	2.0 PER LAP	75 Min
WAVE 3				
Varsity Girls	1:20	7	2.0 PER LAP	90 Min
JV Girls	1:23	6	2.0 PER LAP	75 Min
Sophomore Girls	1:27	6	2.0 PER LAP	75 Min
Freshman Girls	1:30	6	2.0 PER LAP	75 Min
WAVE 4				
Varsity Boys	3:00	7	2.0 PER LAP	90 Min
JV Boys	3:15	6	2.0 PER LAP	75 Min
Waves Have Been	Please be at	Please Know Lap	Please Know Lap	Course will be
Split For Safety	the Start	Count Can Change	Mileage Can	closed at the
Reasons. This is a	Chute 5 min	Due To Trail	Change Due To	Finish Line after
short course and we	before each	Conditions	Trail Conditions	the times listed
want to give our	race starts.			above runout.
riders plenty of room				
to race.				

Note: Lap mileage may change due to course conditions at the time of the race. Best efforts will be made to minimize any changes to the mileage of the course. Final lap count decisions by category will be finalized and confirmed at the start of each race. Please have your riders arrive at the start chute 5 minutes before each start time. We hope you will stay after the race for the award ceremony and raffle!



OTHER IMPORTANT NOTES

Unfortunately, no lift service will be offered this weekend as Windham
Mountain Bike Park opening day has been delayed until June 19th this year.
Please feel free to earn your downhill and climb to the summit!
Riding On Trails Other Than The NICA NY Race Course Will NOT BE Swept BY
NICA NY EMTS AT any Point Of The Day On Saturday Or Sunday.
Great Riding Nearby!! Looking for a fun ride after your race! Check out Elm
Ridge Mountain bike trails. <u>Elm Ridge Trails</u>
Please ride responsibly!
Please Stay Off Any Trail Construction Going On At The Mountain.
Team Pit Zones Are Welcome- Please Set-Up On Grass Off The Back Patio.
Feed Zone Is Open. Please Follow The NY Feed Zone Volunteer Guidelines
Infield Map
Coaches Meeting - Sunday 9:30 at the EMT Tent
Riders should be In Start Chute 5 minutes before each race.
<u>Day Of Award</u> Ceremonies will be held after each category race is over.
2021 Team & Rider Overall Awards Will Be at 5:00pm
Race Day Volunteers NEEDED!! Volunteer Page
Pack In Pack Out: All garbage must be brought to an available trash receptacle
or taken off the property after every race weekend is over.
NO BBQ. The Mountain will open up the outdoor BBQ Bar from 11am-4pm on
Saturday & Sunday
We like dogsBUT please pick up after them and keep Old Yellow on a leash
for us!! Thanks

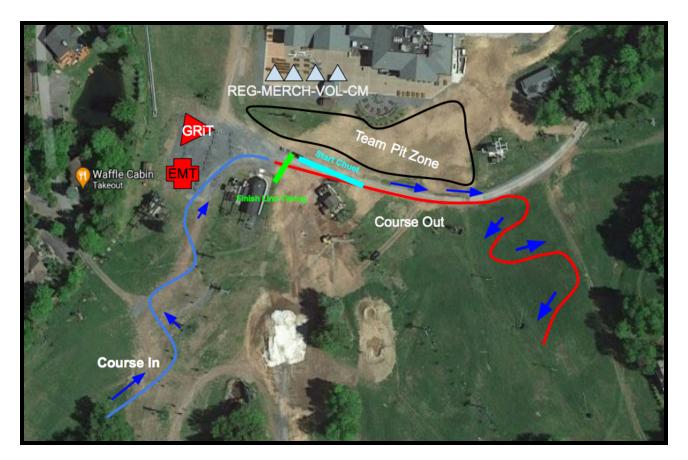
A Cool Rule You Coaches Should Know About!

RULE 3.4 RIDING AND SUPPORT ON THE COURSE COACH, PARENT OR GUARDIAN LEVEL CONSEQUENCES 3.4.A For purposes of safety and fairness to the participants, the following rules must be observed by all parents, coaches and all other persons in attendance, other than racers during their race:

- 1. No riding on the course.
- 2. No running or riding alongside the course or alongside a student while they are racing.
- 3. No providing food, water, or support outside of the feed zones. 2021 Coach, Parent and Guardian

Rules 22 3.4.B A violation of this rule will result in an orange level penalty against the team that the League Director determines to be the intended beneficiary of such action.

- 1. First Offense: 25 point penalty deducted from team score on race day
- 2. Second offense: 50 point penalty deducted from team score on race day
- 3. Third offense: 100 point penalty deducted from team score



Site Map Windham 2021





REGISTRATION

Registration Will Close Wednesday June 2nd, 2021 at Midnight

NO DAY OF REGISTRATION

Due to the pandemic we will not be able to register Riders & Volunteers on Saturday or Sunday on race weekends.

Please register in advance in the NICA Pit Zone and the our Volunteer page "Race Ready" status should indicate "YES" NO DAY OF CATEGORY CHANGE

Contact Registration Services (<u>registration@nationalmtb.org</u>) with questions or problems.

All riders keep the same NICA Race Plate for the season.

Race Plate replacement fee, if lost is \$10.00

Please Pre Register For Races NO DAY OF REGISTRATION

Race Fee: \$30.00 per race



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