



**WILLIAMS LAKE**  
**In To The Darkness XC**  
**May 15th, 2016**  
**Race # 4**



**Sunday, May 15th, First Start Time: 10:00 AM**

**Williams Lake - Rosendale NY**

**424 Williams, Dewitt Lake Rd, Rosendale, NY 12401**

**RACE DESCRIPTION:** This race is a combination of fire road and single track. The race start is a long grassy shoot heading to a moderate climb. The climb will be rewarded with a down hill section leading back to the open fire road. Don't get to comfortable a single track section is just ahead with some technical turns to keep you riders on your toes! A winding combo of fire road and single track will lead you to the crown Jewel of the race, a 50 foot cave section. Into the Darkness you go so watch your speed as you cut your way back to the light at the end of the tunnel. The course back to the transition is one filled with.... you guessed it! Fire road and single track. A strong finish is need to push your bike over the grassy section though the finish line!



**PRE-RIDE:** Course is open for pre-ride **Saturday afternoon (3:00 PM–5:00 PM) NO RIDERS OR COACHES WILL BE ALLOWED ONTO THE COURSE BEFORE THIS TIME** and Sunday morning (7:00 AM–9:30 AM). We recommend all riders pre-ride the course. *Please pass course workers with great care.*

**DIRECTIONS FROM THE NORTH :**

87 South exit 19 Continue straight At the traffic circle, take the 2nd exit onto Washington Ave Turn right onto Lucas Ave Continue onto Co Rd 1/Lucas Ave Ext Slight left onto County Road 7/Binnewater Rd Slight left onto Williams Lake Hotel

**DIRECTIONS FROM THE SOUTH:**

west-287 west Exit 18 New Paltz Keep left at the fork, Follow signs for New York 299 W-Turn left onto NY-299 W/Main St-Turn left onto NY-299 W/Main St . Turn left onto County Rd 17/Horsenden Rd/New Paltz Bypass-Turn right onto NY-32 N/Old Kingston Rd-Sharp left onto NY-213 W/Main St-Turn right onto County Road 7/Binnewater Rd-Welcome!!

**ACCOMODATIONS:**

**Americas Best Value Inn**  
**7 Terwilliger Ln, New Paltz, NY 12561**

**This is the best in the area!!**

**VOLUNTEER Needed**

**OTHER IMPORTANT NOTES**

- :Those petitioning for category change is closed
- :Please pack out what you pack in. garbage receptacles will be provided.
- :BBQ are welcome
- :The park has NO BBQ pits
- :Camping at this race is available

Category	Start Time	Laps	Approx. Distance
<b>WAVE 1</b>			
Freshman Boys/Girls	10:00am-10:03am	TBA	
Middle School Boys/Girls	10:06am-10:09am	TBA	
<b>WAVE 2</b>			
Varsity Boys	12:00pm	TBA	
JV Boys	12:03pm	TBA	
Sophomore Boys	12:06pm	TBA	
Varsity Girls	12:09pm	TBA	
JV Girls	12:12pm	TBA	
Sophomore Girls	12:15pm	TBA	

*Note: final lap count decision per category will be finalized and confirmed at the start of each race. We hope you will stay after the race for the award ceremony.*

### **REGISTRATION INFO**

*At the Season Opener, we recommend avoiding long lines and taking advantage of early on-site registration hours Saturday, April 2nd from 3:00 PM – 5:00 PM , otherwise during the regular registration hours on Sunday, April 3rd from 8:00 AM-9:00 Riders must register at least on hour before race starts*

All riders need to be invited to register in the Pit Zone online. Contact your Team Director to be invited. Independent riders contact your League Director: [jason@newyorkmtb.org](mailto:jason@newyorkmtb.org)

#### **Race Ready Checklist:**

- ☐ Pit Zone information entered
- ☐ League Fee and Race Fee paid
- ☐ Release forms emailed ONLY

#### **On-site registration:**

*On-site registration will result in a late fee of \$10 for League Registration and \$10 for Race Registration. All racers must register at least one hour prior to their start time. To make race day more enjoyable, register in advance online!*

#### **Missing Forms:**

Waivers are available online in the Pit Zone. If you have not mailed in your registration forms by race day, riders and their parents will need to fill out paper waivers at the registration tent. If you are unsure if you've submitted the forms, please check the Pit Zone. Contact Registration Services ([registration@nationalmtb.org](mailto:registration@nationalmtb.org)) with questions or problems.

### **2016 Race Pricing**

	Cost	Late Fee At Race
League Registration Fee	\$65 HS	\$10*
	\$35 MS	
Race Fee (per-race)	\$25 ALL	\$10*

*\*late fee goes into effect the at midnight on Wednesday before the race*

**NICA New York Cycling League**  
**123 S. Broadway apt 9-b**  
**Irvington NY 10533**  
[jason@newyorkmtb.org](mailto:jason@newyorkmtb.org)  
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