



**Walnut Mountain**  
**Walnut Mountain - Catskill XC**  
**June 2nd, 2019**  
**Race #4**



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**Race: Sunday June 2nd**  
**Pre-Ride: Saturday June 1st - 3:00-5:00 pm**  
**Walnut Mountain-Catskill XC**

**RACE COURSE DESCRIPTION:**

A classic mountain bike XC course! The race starts out on a slight uphill, leading the riders into the first section of singletrack. This first section has a few hairpin turns that will get the heart pumping for the climb ahead. The course then splits taking the HS riders up to the top of Walnut Mountain while the MS course has a still challenging but lower elevation climb out to the meadow. From the top of Walnut Mountain, HS riders will be rewarded with a much needed downhill section leading them to the meadow where the MS course will merge. Once riders slash through the meadow singletrack section, a fast and flowing singletrack trail leads all riders back to the start/finish.

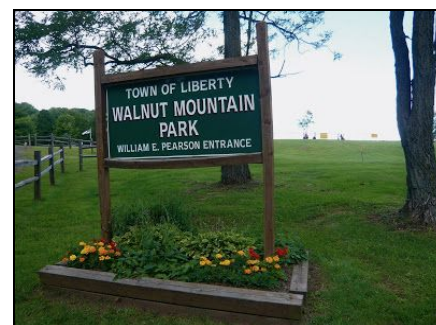
**PRE-RIDE:** Saturday afternoon 3-5 PM

**No riders or coaches will be allowed on the course before this time.**

Sunday morning 7-9 AM we recommend all riders pre-ride the course. Please pass course workers and marshalls with great care.

**LOCATION:**

Walnut Mountain Park  
73 Walnut Mountain Road  
Liberty, NY 12754



**DIRECTIONS FROM THE SOUTH :**

87 North to exit 16; Rte 17 W to exit 101 toward Swan Lake/Ferndale, turn right off exit onto Sullivan Ave., right onto Ferndale Rd., then a right onto Ferndale/Loomis Rd., right turn onto Rte. 55 E., left onto Walnut Mountain Rd.

**DIRECTIONS FROM THE NORTH:**

87 South to exit 19 toward NY 28 W, 209 S to Ellenville, once in Ellenville make a right onto Canal St./Rte. 52 Continue to Liberty, NY. In Liberty at traffic circle, continue on Mill St./So. Main St., then left onto Lake St., then left onto Swan Lake Rd. Park entrance will be on your right.

**ACCOMMODATIONS:**

Camping:

*Hunter Lake Campgrounds-124 Hunter Lake Dr, Parksville, NY 12768*

*Swan Lake Camplands-106 Fulton Rd, Ferndale, NY 12734*

Hotels:

*Green Hills Estates- 5248 State Rte 55, Ferndale, NY 12734*

*Days Inn Liberty- 52 Sullivan Ave, Liberty, NY 12754*

*Catskill Motel- 29 Parksville Rd, Liberty, NY 12754*

**VOLUNTEER**

[\*\*Race Four Sign up Page\*\*](#)

## **OTHER IMPORTANT INFORMATION**

1. Parking: Please FILL UP the parking lot to your left first past the field.
2. Team Pit Zone tents can be set up Saturday and left overnight. NICA NY does not assume responsibility for any damage or theft. PIT ZONE AREA BEHIND THE BATHROOMS, BETWEEN THE COURSE AND BALL FIELD and PAVILION AREA
3. High tick alert at this park. Please take appropriate precautions.

<b>Category</b>	<b>Start Time</b>	<b>Laps</b>	<b>Approx. Distance</b>
<b>WAVE 1</b>			
Freshman Boys/Girls	9:30am	2	8.4
Middle School Boys/Girls	9:40am	3	7.4
<b>WAVE 2</b>			
Varsity Boys	11:30am	4	16.8
Varsity Girls	11:33am	3	12.6
Sophomore Boys	11:36am	3	12.6
JV Boys	11:39am	3	12.6
JV Girls	11:42am	3	12.6
Sophomore Girls	11:45am	3	12.6
		<b>Please Know Lap Mileage Can Change Due To Trail Conditions</b>	<b>Please Know Lap Mileage Can Change Due To Trail Conditions</b>

*Note: Final lap count decision per category will be finalized and confirmed at the start of each race. We hope you will stay after the race for the award ceremony.*

## **REGISTRATION INFO**

**Please register in advance in the NICA Pit Zone - "Race Ready" status should indicate YES**

**Contact Registration Services ([registration@nationalmtb.org](mailto:registration@nationalmtb.org)) with questions or problems.**

**Race day registration is possible on site up to 1 hour prior, but ties up volunteer resources and will cost you more.  
\$10 New York League registration + \$10 race fee**

**Coaches will distribute race numbers. Keep for season. Race Plate replacement fee, if lost - \$20.00**

**Every rider must check in on race day at the Registration tent.**

### **2019 Race Pricing**

	<b>Cost</b>	<b>Late Fee At Race</b>
League Registration Fee	\$65 HS \$30 MS	\$10*
Race Fee (per-race)	\$30 ALL	\$10*

*\*late fee goes into effect at midnight on Wednesday before the race*

NICA New York Cycling League  
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Irvington NY 10533

