



Lippman Park
Timber Ridge XC
Lippman Memorial Park
Route 209 Wawarsing, NY



Saturday May 1st, 2021
Middle School Race Day & Pre-Ride

Sunday May 2nd, 2021
High School Race Day & Pre-Ride

RACE DESCRIPTION:

Start Line: Grassy / Loose Dirt

Type Of Terrain: Flowing, Roots, Rocks & Bridges

Trail Description: 70% Single Track, 30% Double Track, Tight Turns

Elevation: Approximately 130ft per lap, 3 hill climbs on course

Finish Line: Loose Dirt

Mileage Per Lap: 3.0 miles

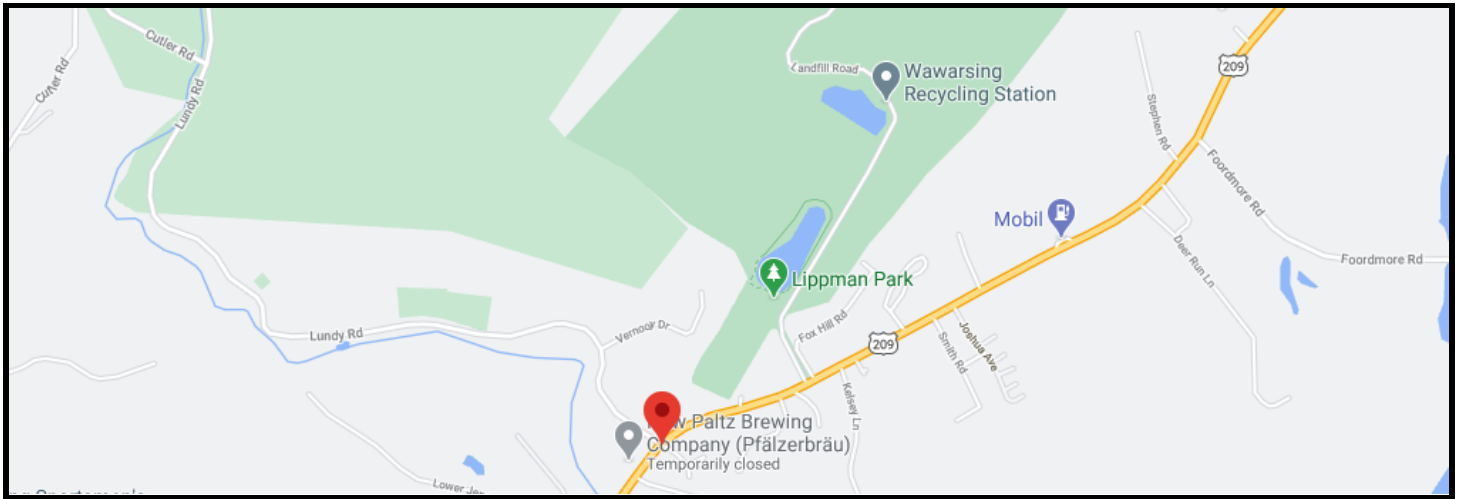
PRE-RIDE:

Middle School: Saturday morning from 10:30am to 12:30pm
Please leave from the Start/Finish chute.

High School: Sunday morning from 7:30am to 9:30am
Please leave from the Start/Finish chute.

NO RIDERS OR COACHES WILL BE ALLOWED ON THE
COURSE BEFORE THESE TIMES
SATURDAY OR SUNDAY

We recommend all riders pre-ride the course.
Please pass course workers with great care!



DIRECTIONS:

[Northern NY](#)

[North West NY](#)

[Southern NY](#)

ACCOMODATIONS:

Hotels:

[Accommodations In The Area](#)

Camping:

[Please Call Ahead To Reserve](#)



Saturday - Middle School

First Start Time 1:00 pm

Category	Start Time	Race Time	Lap Distance
Saturday MS			
Boys 8th	1:00	45min	2.7 each lap
Boys 7th	1:55	45min	2.7 each lap
Boys 6th	2:55	45min	2.7 each lap
Girls 8th	3:55	45min	2.7 each lap
Girls 7th	4:00	45min	2.7 each lap
Girls 6th	4:05	45min	2.7 each lap

Note: Lap mileage may change due to course conditions at the time of the race. Best efforts will be made to minimize any changes to the mileage of the course. Final lap count decisions by category will be finalized and confirmed at the start of each race. Please have your riders at the Corral Box staging area 10 minutes before each start time.

OTHER IMPORTANT NOTES

- ☐ **Coaches Meeting- 12:30pm at the First Aid Tent**
- ☐ **Riders should be in their Corral Box 10 minutes before each race. Boxes will be numbered 1-6**
- ☐ **Award Ceremonies will be held after each category race is over.**
- ☐ **Race Day Volunteers NEEDED!! Please sign up at the NICA NY Volunteer Spot! We need & appreciate your help! Can We do it! YES WE CAN!!!**
- ☐ **Pack In Pack Out: All garbage must be brought to an available trash receptacle or taken off the property after every race weekend is over.**
- ☐ **BBQs are welcome. All fires must be extinguished before leaving your team Pit Zone.**
- ☐ **Jason Needs A Burger! Medium, no cheese please!**
- ☐ **NO COALS CAN BE DUMPED IN THE OPEN FIELD OR ON ROAD WHILE HOT.**
- ☐ **We like dogs...BUT please pick up after them and keep Old Yellow on a leash for us!!**
- ☐ **Thanks**



Sunday - High School

First Start Time 10:00 AM

Category	Start Time	Race Time	Lap Distance
Sunday HS			
Boys Freshman	10:15	60min	2.7 each lap
Boys Sophomore	11:15	60min	2.7 each lap
Boys Varsity	12:15	75min	2.7 each lap
Boys JV	12:30	60min	2.7 each lap
Girls Freshman/Sophomore	1:10	60min	2.7 each lap
Girls Varsity	1:00	75min	2.7 each lap
Girls JV	1:05	60min	2.7 each lap

Note: Lap mileage may change due to course conditions at the time of the race. Best efforts will be made to minimize any changes to the mileage of the course. Final lap count decisions by category will be finalized and confirmed at the start of each race. Please have your riders at the Corral Box staging area 10 minutes before each start time.

OTHER IMPORTANT NOTES

- ☐ Coaches Meeting 9:45am at the First Aid Tent
- ☐ Riders should be in their Corral Box 10 minutes before each race. Boxes will be numbered 1-6
- ☐ Award Ceremonies will be held after each category race is over.
- ☐ **Race Day Volunteers NEEDED!! Please sign up at the NICA NY Volunteer Spot! We need & appreciate your help! Can We do it! YES WE CAN!!!**
- ☐ **Pack In Pack Out: All garbage must be brought to an available trash receptacle or taken off the property after every race weekend is over.**
- ☐ **BBQs are welcome. All fires must be extinguished before leaving your team Pit Zone.**
- ☐ **Jason Needs A Burger! Medium, no cheese please!**
- ☐ **NO COALS CAN BE DUMPED IN THE OPEN FIELD OR ON ROAD WHILE HOT.**
- ☐ **We like dogs...BUT please pick up after them and keep Old Yellow on a leash for us!!**
- ☐ **Thanks**



REGISTRATION

Registration Will Close Wednesday April 28th 2021 at Midnight

NO DAY OF REGISTRATION

Due to the pandemic we will not be able to register Riders & Volunteers on Saturday or Sunday on race weekends.

Please register in advance in the NICA Pit Zone and the Volunteer Spot Site "Race Ready" status should indicate "YES"

Contact Registration Services (registration@nationalmtb.org) with questions or problems.

All riders keep the same NICA Race Plate for the season.

Race Plate replacement fee, if lost is \$10.00

**Every rider must check in on race day at the Registration Tent.
Please Remember To Drop Off Your Covid Screening Sheet At The
Registration Tent.**

Please Pre Register For Races

NO DAY OF REGISTRATION

Race Fee: \$30.00 per race



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