

2016 NY LEADERS' SUMMIT AGENDA



Includes Coaches Manual and Teaching Mountain Bike Skills Manual. Bring your bike, helmet & riding gear.

Saturday 10/22

Time	Topic
8:00 - 8:30	Check-in & Breakfast
8:30 - 8:45	Welcome & Introduction
8:45 - 9:00	Welcome to NICA!
9:00 - 9:55	NICA Overarching Philosophy and Challenge by Choice/Opt-In (Jason Cairo)
10:05 - 11:00	Risk Management & Coach Licensing <i>All Participants to Complete Onboarding Webinars on these Topics</i> Review and Q&A (Jason Cairo)
11:05 - 12:00	How to Start and Manage an Interscholastic Cycling Team (Jason Cairo)
12:00 - 1:15	Working Lunch Podiumwear Information AES Information
1:30 - 2:30	Getting to Yes with Administrators (Jason Cairo)
2:30 - 4:00	Creating a Strong Team/Parent Community/Sponsorship & Fundraising (Jason Cairo)
4:00 - 4:30	Parking Lot Items/Group Photo
5:00	Group Ride

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Sunday 10/23

Time	Topic
8:00 - 8:30	Breakfast
8:30 - 9:30	Working with the NICA Student Athlete/Working with the NICA Middle School Athlete (Jason Cairo)
9:30 - 10:15	Rulebook (George Peaff)
10:25 - 11:00	Race Day Success (Andrew Rizzi)
11:10 - 12:00	Classroom Portion of On the Bike Training (A, B, C 's, Equipment and Bike Fit) (Bob Dillon)
12:15 - 1:00	Lunch
1:30 - 4:30	On the Bike Coaches' Training (Andrew Rizzi & Bob Dillon) Group Photo
4:30 - 5:00	Q&A, Next Steps, Wrap-up(Jason Cairo)

Important Notes:

- Leaders' Summit Registration fee includes 4 meals (Breakfast and Lunch on both days). Please send an email to jason@newyorkmtb.org with any special dietary requests.
- Risk Management and Insurance (onboarding) – Chris Spencer
Thu, Sep 8, 2016 7:30 PM - 8:30 PM EDT
Please join my meeting from your computer, tablet or smartphone.
<https://global.gotomeeting.com/join/993445749>
Access Code: **993-445-749**
- Coach Licensing, Registration, Pit Zone (onboarding) - Bruce Martens
Thu, Sep 15, 2016 7:30 PM - 8:30 PM EDT
Please join my meeting from your computer, tablet or smartphone.
<https://global.gotomeeting.com/join/319249461>
Access Code: **319-249-461**
- We recommend wearing flat pedals for all 'On-The-Bike' skills sessions if you are not completely comfortable with clip-ins yet. Please come prepared to change your pedals for the skill session.

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- You will be provided with a NICA Coaches Manual and Mountain Bike Skills Manual as part of your registration fees. All other summit materials will be provided in an electronic format and you can choose to print these for the summit if you like.
- NICA Rulebooks will be available for advance purchase at a cost of \$15. They will be available for